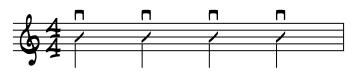
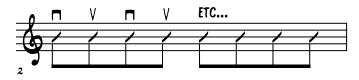
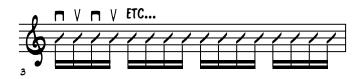
## **BEGINNING STRUMMING**



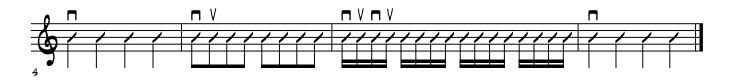
The most basic strumming pattern I teach is above. All downstrokes on each beat. This can be played using any chord you choose.



The next step is to add an upstroke between each downstroke. This is a basic down-up pattern using all eighth notes. If you can master this basic pattern, more complicated ones will come much easier.



Once quarter note and eighth note strumming is mastered, it is time to move on to sixteenth notes. Think of this as your eighth note pattern, only twice as fast. Notice that the downstrokes are now on every downbeat and upbeat.



Here is a nice way to practice all of the different rhythmic variations. If you are comfortable with this last example, then you are ready to begin playing basic strumming patterns found in songs. More on this in 'Basic Strumming Patters'.